

Observation from persons diagnosed with RSD / CRPS wearing Farabloc material.

Presented to

Canadian Reflex Sympathetic Dystrophy Network
Annual General Meeting and Conference
July 21, 2006

Presenter – Dr. Don Nixdorf, chiropractor

Private practice 1972 -
WCB Staff Consultant 1982 -1991
Executive Director BC Chiropractic Association 1985 -
Farabloc Corporation 2001 -
Chronic Pain Trials – Chronic Knee, Wrist (CTS)
Research Associate VGH 2005 -

Farabloc™

www.farabloc.com

- Farabloc was devised by Frieder Kempe in 1978 in an effort to relieve phantom limb pain
- What is Farabloc's action
 - blocks, shields, or alters the effect of high electromagnetic fields existing in our environment
- How does the body respond
 - Initial tests suggest improvement in cell membrane of connective tissue

Published Findings

- Farabloc is a fabric made of a woven mesh of stainless steel and nylon thread
- Pain was significantly reduced in the Farabloc group compared to the placebo group
- Blood test markers

- Creatine phosphokinase
 - Myoglobin
 - Malondialdehyde
 - White blood cells
 - Neutrophils
 - *BC Medical Journal* Volume 43, Number 10, December 2001
- Pending-Laser electron microscopy–microvascular study

Farabloc Recognition and Applications

- Phantom Limb Pain
 - US FDA Class 1 1999 Phantom Limb Pain
 - Health Canada Class 1 Medical Device Mnfg.
 - Canadian Journal of Rehabilitation, Vol 6, No. 3, Spring 1993.
- Delayed Onset Muscle Soreness
 - Clinical Journal of Sport Medicine, January 2000, Philadelphia, PA; USA, Volume 10, PMID:10695845
 - British Columbia Medical Journal, Dec 2001; 43:10,
- Fibromyalgia, Chronic Knee, Carpal Tunnel
- BC Chiropractic Assn Endorsed

Why RSD

- Initial contacts from hospital in UK
- Discussion with health professionals
- Review of tests associated with connective tissue
- Review of clinical RSD symptoms
 - Swelling
 - Discolouration
 - Initial involvement of arms and legs
 - Chronic pain

Clinical Participants

- Recommended by
 - Physicians
 - Canadian Reflex Sympathetic Dystrophy Network
 - Radio
 - RSD participants

Participants and Outcomes

[RSD Trial Conference July 2006.xls](#)

What did individuals use?



Summary

- Warmth and tingling in the first 20 minutes
- Reduction of swelling
- Increase of function
- Decrease of medication
- Sustained decrease of pain without daily wearing

Summary Cont'd

- Increased sleep
 - Less sleep deprivation and related complication
- Normal skin colouration
- Increased movement
- Complication
 - Allergy to metal or nylon
 - Neurological effects may be irritated

Recommendations

- Larger trial or data collection from users
- Early diagnosis of RSD
- Early wearing of Farabloc material
 - Style of material can be suited to body area

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